

# LIFE GROUP GUIDE

## Half True: I must be true to myself

### SERIES BIG IDEA:

Have you ever heard someone say that “God helps those who help themselves”? What about “I must be true to myself” or “God has a unique plan for my life?”

There are many beliefs out there that may have been founded in truth, but became twisted to become half-true, thereby making them lies. What we believe has a huge impact on how we live and relate to God.

For the next four weeks, we are going to be going through some of these half-truths and unpacking them in our series: Half True: lies that the church and our culture believe.

### GOALS

- Deepen our understanding and love of Scripture
- Grow in relationship with each other

### TIPS

- For each week, we are taking you through a 3 part process as a group – first a diagnosis discussion (what the lie is and how it shapes culture, church and us), an antidote (a discussion around scriptures that bring light and truth), and rehab (following injuries, rehab is needed to ensure the treatment sticks – prayer, action steps, accountability). If you feel this language isn't helpful for your group, feel free to adapt accordingly.

### PRAYER

Open in prayer.

## DISCUSSION

### Diagnosis

1. On Sunday we heard about the Half Truth: I must be true to myself.
  - Where do you see this lie prevalent in culture? (Think media, series, movies, books, advertising)
  - Have you experienced this lie in church? (Any scriptures or prayers that come to mind that add to this misunderstanding?)
  - How do you see it in yourself? (How have you engaged with this topic before? Has it changed since Sunday?)

### Antidote

Get some members to read Genesis 3:4, Judges 21:25, Jeremiah 17:9, 2 Cor 5:17, Gal 4:6, Mark 10: 43-45, Galatians 5:24, Mark 8:34.

How do these passages relate to this half-truth? What wisdom do they suggest about God's will and our lives?

### Rehab

What is one take home actionable for you from this week's topic?

Hebrews 10: 24 says: "And let us consider one another in order to stir up love and good works." It would be great if we could each think of someone who could hold us accountable in praying for this topic and for the actionable we want to implement. Who are you going to chat to in order to be accountable?

Pray this:

Jesus, thank you that you are the one who brings light and truth to confusion and darkness. Thank you for your Word and Spirit, that guide us, thank you for the wisdom Godly community brings. Jesus, thank you that you came to save us from our sin and pride, that you go further and make us into new creations in your Name. Thank you that you make us more like you. Please help us to seek you above all else. Help us to proclaim your gospel and truth with our lives and words. Amen.